



MEDICAL + AESTHETIC DERMATOLOGY

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Retin-A topical treatment for Acne

This medication is used to treat acne. It may decrease the number and severity of acne pimples and promote quick healing of pimples that do develop. Retin-A (Tretinoin) belongs to a class of medication called retinoids. It works by affecting the growth of skin cells.

Other Uses: This section contains uses of this drug that are not listed in the approved professional labeling for the drug but that may be prescribed by your healthcare professional. Use this drug for a condition that is listed in this section only if it has been so prescribed by your healthcare professional.

Use this medication on the skin only. Do not apply to the inner lip area or inside the nose/mouth. Do not apply to cut, scraped, sunburned or eczema affected skin.

Avoid getting this medication in your eyes. If this medication gets into your eyes, flush with large amounts of water. Call your doctor if eye irritation develops.

How to use Retin-A topical:

Read the Patient Information Leaflet if one is available from your pharmacist. Consult your doctor or pharmacist if you have questions.

- Wash your hands before applying this medication.
- Gently clean the affected skin with a mild or soapless cleanser and pat dry.
- Wait 15 minutes after cleansing before applying the medication.
- Use your fingertips to apply a small amount of medication (about the size of a pea) in a thin layer, once daily at bedtime.
- Wash your hands after using the medication.

TIPS

- Always apply it to your skin at bedtime, never use it during the day.
- Never apply it at the same time you also have products on your skin that contain Glycolic acid or benzoyl peroxide.
- Always wait 15 minutes after washing your skin and applying any other skin care products before you apply tretinoin.

During the first few weeks of using Retin-A, your acne might appear worse because the medication is working on pimples forming inside the skin. It may take up to 8-12 weeks to notice results from this medication. Use it regularly in order to get the most benefit from it. To help you remember, use it at the same time each night. Do not use a larger amount or use it more frequently than recommended. Your skin will not improve any faster, and it will increase the risk of developing redness, peeling and pain.

This medication is available in different strengths and forms (e.g., gel, cream, solution). The best type of medication for you will depend on the condition of your skin and your response to therapy. Inform your doctor if your condition persists or worsens.